

Relax in restorative postures while receiving hands on massage therapy from a licensed massage therapist.

Christina Russell, cmt

Certified Massage Therapist ~ Kneading People Since 1991



# Yomassage

60 minutes of pure bliss

Grand Park Community Recreation Center

Register Online: [www.christinarussellmassage.com](http://www.christinarussellmassage.com)

Or call 970.531.0520

Min 1 person | Max 5 people

\$45/person



Try our NEW offering!

September 14 | 5-6 pm